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April 22, 2020

Head and Neck Cancer Management in North Carolina: Updates for 2020



Siddharth Sheth, DO, MPH

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Siddharth Sheth, DO, MPH

Dr. Sheth is a medical oncologist and clinical and translational researcher. He is a member of the Head and Neck and Phase I Disease Groups at the University of North Carolina at Chapel Hill.

His research focuses on the evaluation of novel therapies for patients with head and neck cancers in clinical trials, particularly focusing on novel immunotherapy and targeted therapies.

He also participates in trials to improve treatment options for patients with rarer head and neck tumors including salivary and thyroid malignancies.

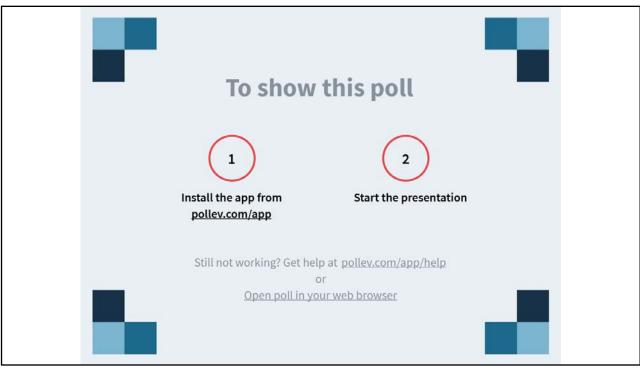
His translational science focuses on the studying circulating tumor DNA (ctDNA) to evaluate response to therapy and monitoring for disease recurrence.

	Respond at Pollev.com/uncc	
·Which	UNC CANCER NETWORE one of the following is NOT a cancer neck region?	
(Oral cavity	A
F	Pharynx	В
3	Spleen	C
3	Salivary glands	D
	⇔ Answers to this poll are anonymous	

SCLOSURE

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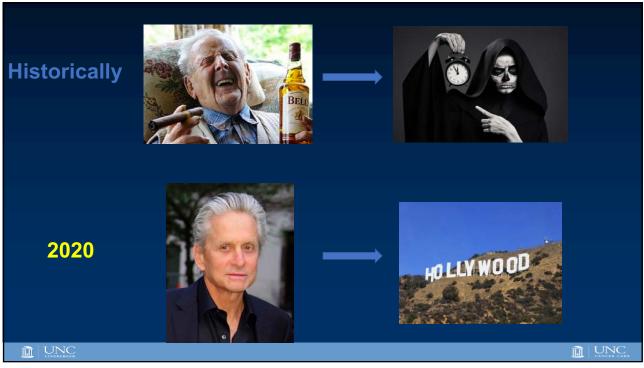


Head and Neck Cancer Management in North Carolina: Updates for 2020

Siddharth Sheth, DO MPH
Assistant Professor of Medicine & Otolaryngology Division of Hematology/Oncology Department of Medicine

Lineberger Comprehensive Cancer Center UNC School of Medicine
University of North Carolina at Chapel Hill

	Disclosures	
None.		
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Case

Ramses T. Heel is a 55 year old white male who presents for follow up. You initially met him three weeks ago after he discovered a painless neck mass while shaving. He has noted "on and off" sore throat for the last 2 months but thought it was allergies. He denies any other symptoms including pain with swallowing, shortness of breath or weight loss.

His past medical history (PMH) is significant for asthma and well controlled hypertension on lisinopril. He has a 5 pack year smoking history during college (1980s) and drinks alcohol socially. His family history is significant for breast cancer (mother and older sister). He travels to China yearly for business for the last 10 years.

You ordered a CT neck, which showed a 3cm mass and subsequently referred him to ENT. Endoscopic evaluation reveals a 1 cm right tonsillar mass. An ultrasound guided FNA was performed in office. Pathology returned positive for squamous cell carcinoma. Additional diagnostic testing is pending.

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Question #1

55 y/o WM p/w painless neck mass. PMH HTN & asthma; FamHx breast ca. SocHx +5 PYH, social EtOH use, +China travel. CT with 5cm neck mass. FNA +SCC

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Which of the following is not a risk factor for head and neck cancer?

- 1. Smoking
- 2. Alcohol use
- 3. Age
- 4. Yearly travel to China
- 5. Human papilloma virus (HPV)

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Learning Objectives

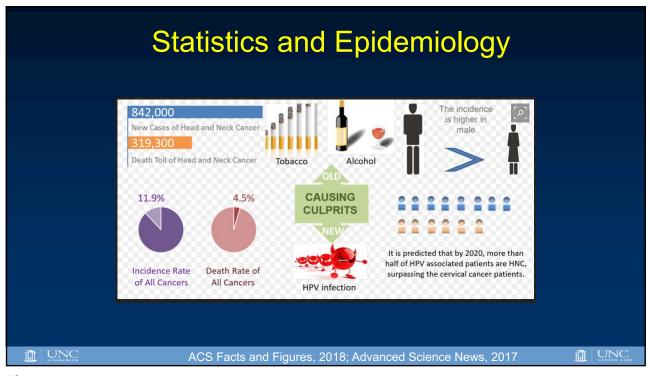
- Understand key risk factors and critical anatomy associated with head and neck cancers
- Distinguish differences in biology, prognosis, and treatment between HPV associated head and neck cancer and non-HPV associated head and neck cancer
- Recognize and familiarize findings from seminal head and neck cancer clinical trials in the last 2 years

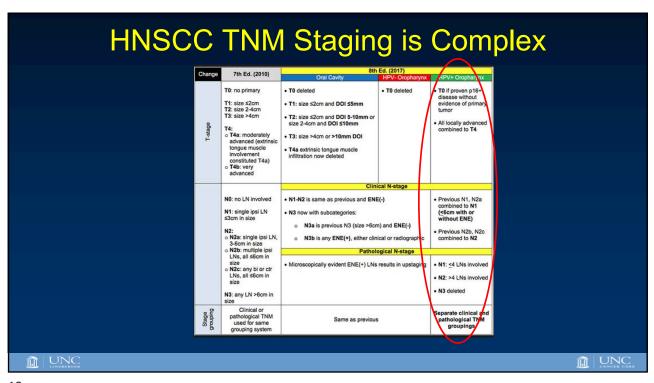


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Head and Neck Cancer Anatomy Pathology: SCC 5 main anatomical locations Location is influenced by risk factor Pathology: SCC Paranasal All Masopharymx Paranasal All Masopharymx Oropharymx Oropharymx Pharymx Oropharymx Pharymx Oropharymx Nasal cavity Pharymx Oropharymx Nasal cavity Larymx Nasal cavity Larymx Nasal cavity Larymx Larymx DUNC DUNC DUNC DUNC DUNC

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Rate of metastatic disease at initial presentation for common cancers **Metastatic Rate (%) Site** Source **Breast Cancer** 6-10% MBCN.org 2016 25% Colorectal Cancer Engstrand. BMC Cancer. 2018 **Cervical Cancer** 13% Li. J Gynecol Oncol. 2016 **NSCLC** 25-40% ACS 2017 Pancreatic Cancer 30-50% ACS 2018 **Prostate Cancer** 5% ACS 2018 II UNC III UNC

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HNSCC rarely presents as metastatic disease

Site	Total in SEER	Number Metastatic at Presentation	Percentage	95% CI
Lip	5,975	20	0.33%	0.20-0.52%
Oral Cavity	16,385	320	1.95%	1.75-2.18%
Oropharynx	17,783	729	4.10%	3.81-4.40%
Hypopharynx	1,866	128	6.86%	5.75-8.10%
Supraglottis	8,114	270	3.33%	2.95-3.74%
Glottis	13,085	87	0.66%	0.53-0.82%
Subglottis	356	12	3.37%	1.75-5.81%
Sinus	1,068	69	6.46%	5.06-8.11%
Nasopharynx	2,610	177	6.78%	5.85-7.81%

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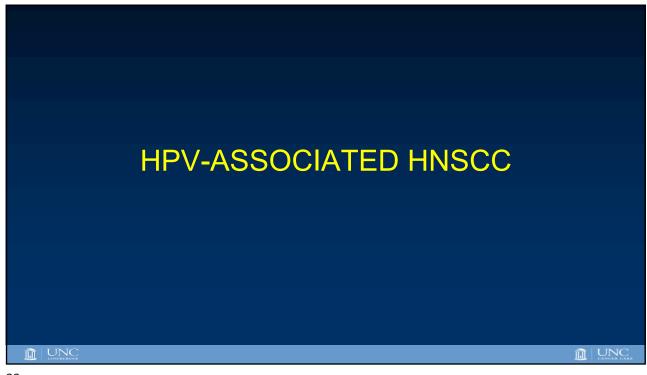
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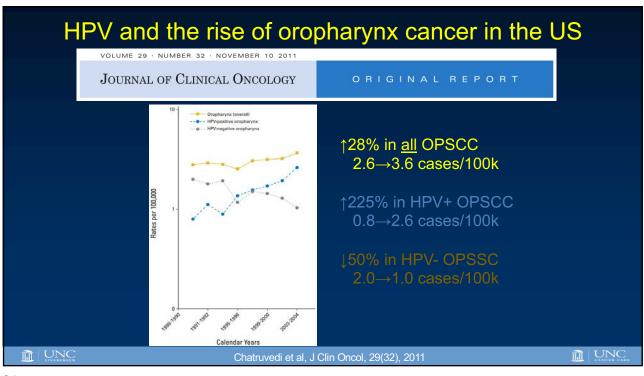
Non-metastatic HNSCC

- Stage at diagnosis: early stage (40%) and locally advanced (LA), 50%)
- Prognosis for LA-HNSCC remains poor
- Treatment options:
 - 1. Primary surgery followed by post-operative RT \pm chemotherapy
 - 2. Concurrent chemoradiation therapy (cCRT)

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What is HPV?

- >100 types of HPV have been classified to date
 - HPV 16 is most commonly associated with OPSCC
 - · Sometimes HPV 18, 31 or 33
 - Rarely other "high risk" types
- Also causes gynecological, anal, penile cancers
- HPV DNA is detected in 65% of OPSCC (tonsil & base of tongue)

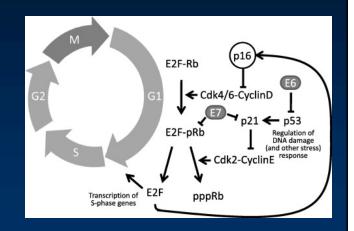


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Viral oncogenes and p16 expression

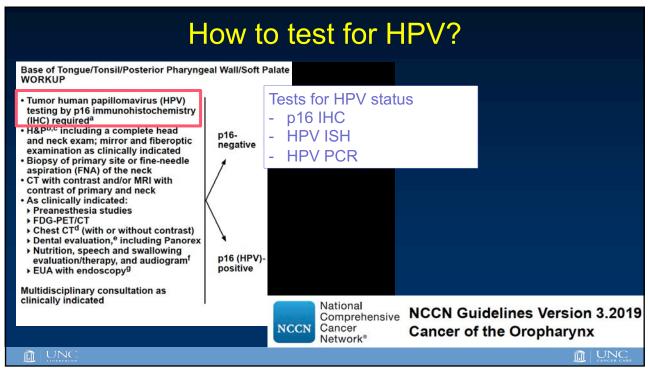
- E6/E7 viral oncoproteins
 - E6 inactivates p53
 - E7 inactivates Rb
- Over expression of E2F leading to p16 expression
- >80% malignant cells positive by p16 IHC correlates with HPV+

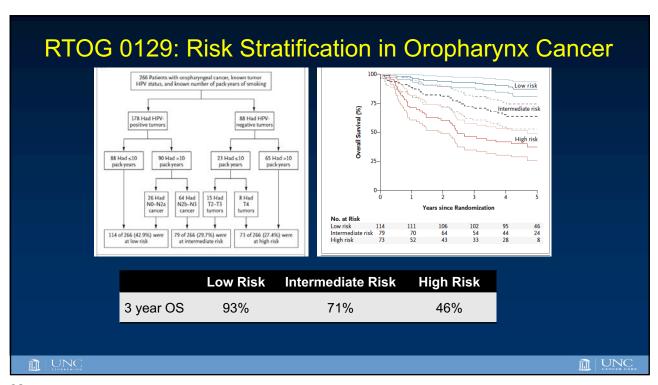


Chan PK et al, Crit Rev Clin Lab Sci 49:117, 2012; Darragh TM et al, Arch Pathol Lab Med 136:1266, 2012

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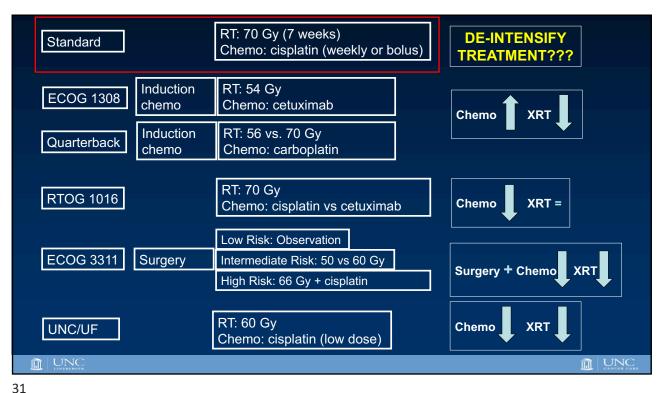
HPV and **HNSCC** prognosis

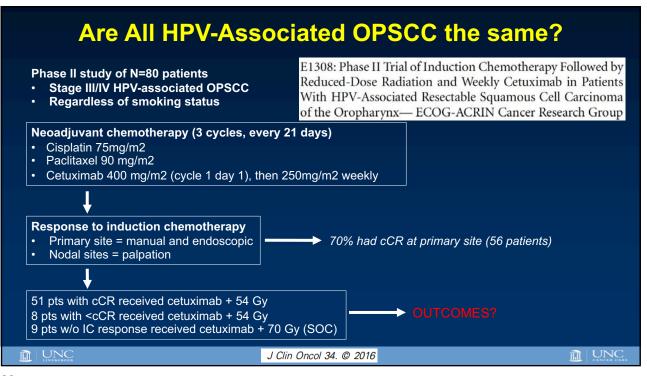
- 87% are HPV positive HNSCC are non-smokers and light drinkers
- Higher sensitivity to chemoradiation
- Independent predictor for overall survival
- Superior survival regardless of stage at diagnosis

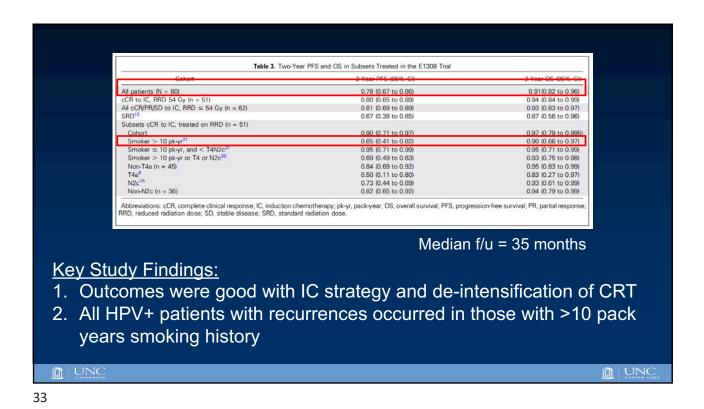
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Treatment of HPV-associated HNSCC







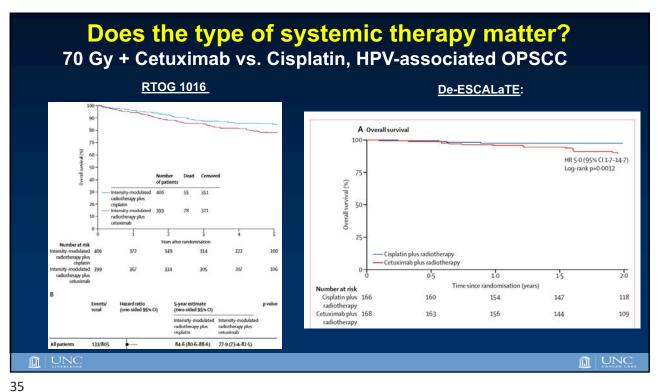
Key Takeaways:

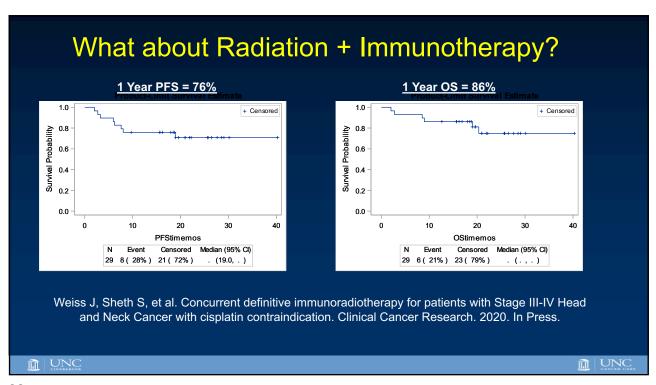
1. Risk factors matter for prognosis
2. Patients with HPV associated OPSCC who smoke <10 pack years are lowest risk.

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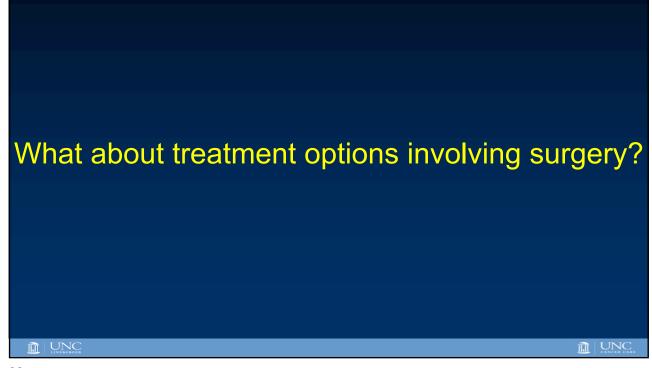
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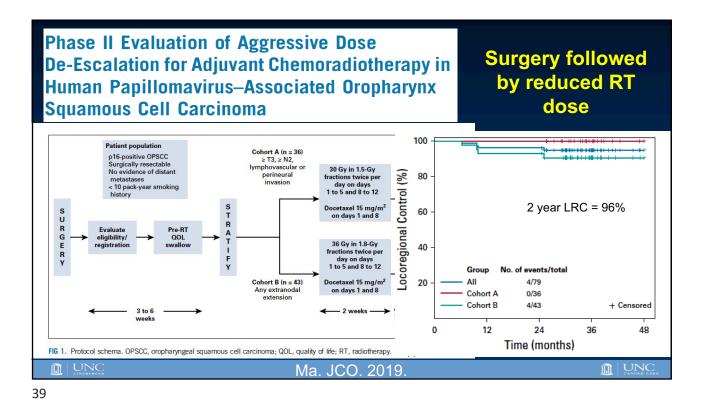


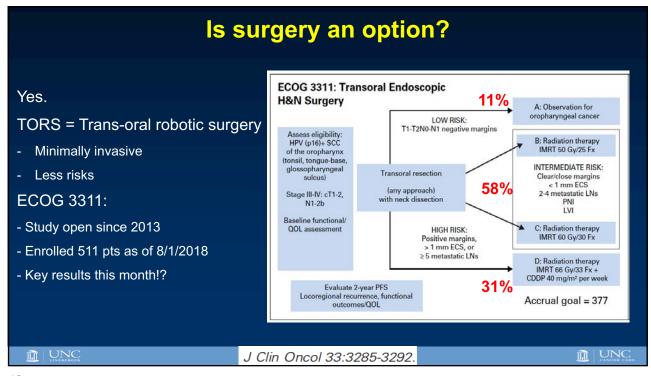


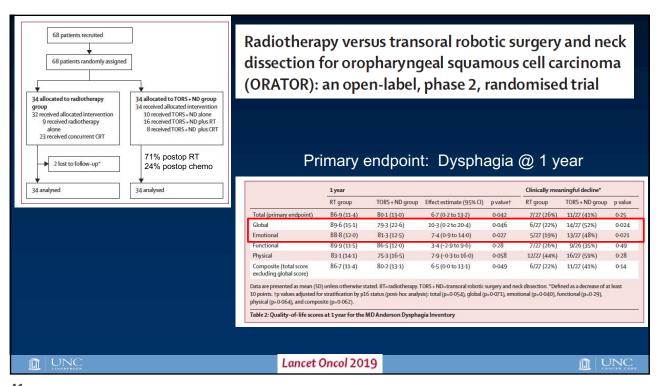
Key Takeaway: In patients with HPV+ LA-OPSCC receiving curative therapy, cisplatin + radiation therapy remains the standard of care

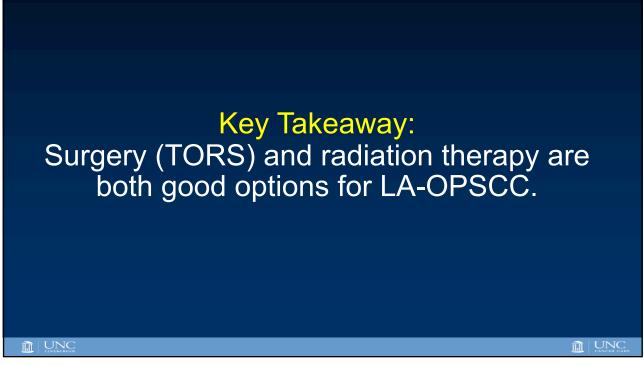
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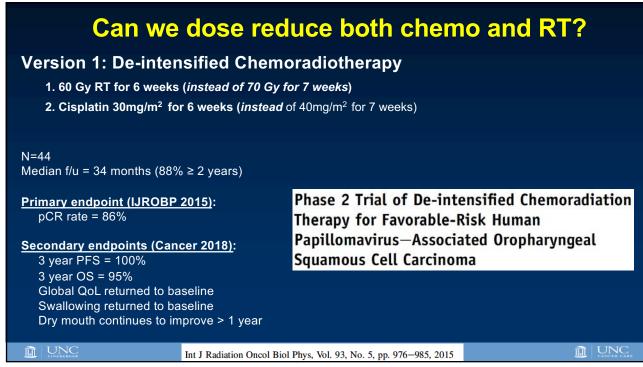




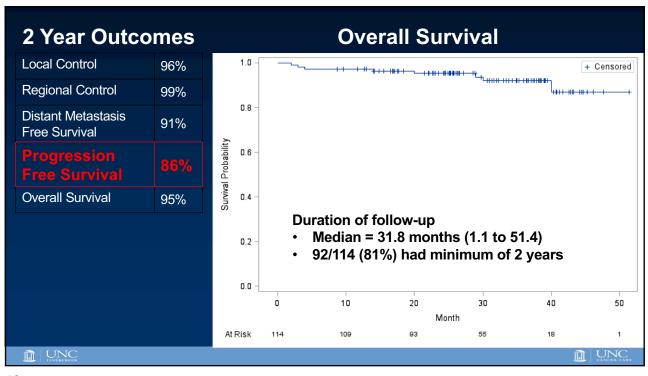


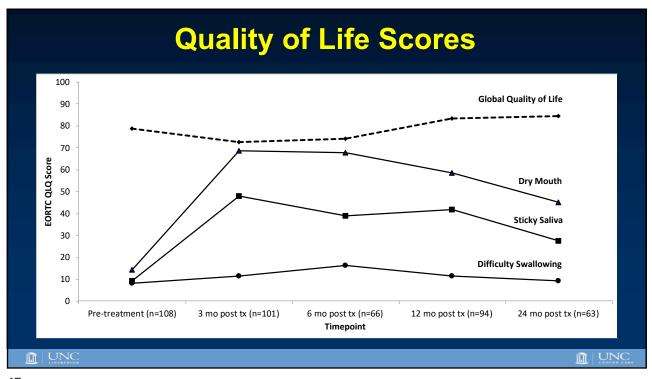


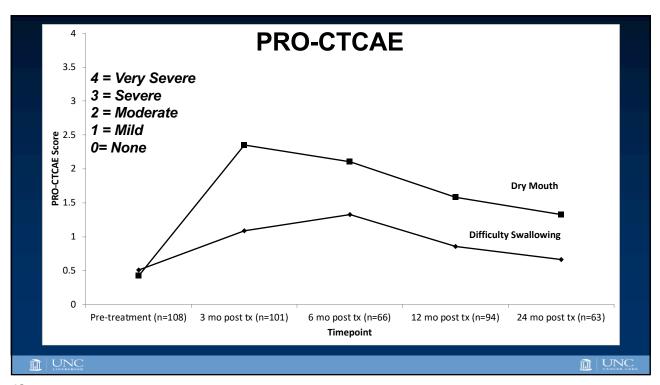
How do we treat HPV associated HNSCC at UNC?



	N=114	%				
Age (mean)	62 (37-87)					
Male	96	84%				
Caucasian	104	91%	➤ 100% received 60 Gy			
Married	90	79%				
Tobacco			➢ Chemotherapy:			
Never	54	47%	> 89/114 (78%) received chemo			
= 10 pack years</td <td>38</td> <td>33%</td> <td>> 57/89 (64%) received 6 doses cisplatin</td>	38	33%	> 57/89 (64%) received 6 doses cisplatin			
>10 pack years	22	19%	> 10/89 (11%) received cetuximab			
T1-T2 Stage	96	84%				
N0-1 Stage	96	84%	> 11 patients had neck dissection (4			
HPV/p16 status			pathologically positive)			
HPV+/p16+	46	40%	pathologically positive)			
HPV-/p16+	12	11%				
HPV unk/p16+	56	49%				









Bhishamjit S. Chera, MD^{1,2}; Robert J. Amdur, MD³; Rebecca Green, MSW¹; Colette Shen, MD, PhD^{1,2}; Gaorav Gupta, MD, PhD^{1,2}; Xianming Tan, PhD²; Mary Knowles, ANP¹; David Fried, PhD¹; Neil Hayes, MPH, MD⁴; Jared Weiss, MD^{1,2}; Juneko Grilley-Olson, MD^{1,2}; Shetal Patel, MD, PhD^{1,2}; Adam Zanation, MD¹; Trevor Hackman, MD¹; Jose Zevallos, MPH, MD⁵; Jeffrey Blumberg, MD¹; Samip Patel, MD¹; Mohit Kasibhatla, MD⁶; Nathan Sheets, MD⁷; Mark Weissler, MD¹; Wendell Yarbrough, MMHC, MD^{1,2}; and William Mendenhall, MD³

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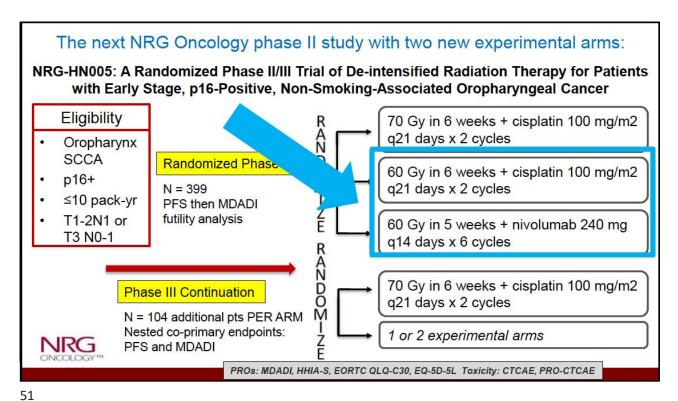
Lots of data.

How will the field move forward?

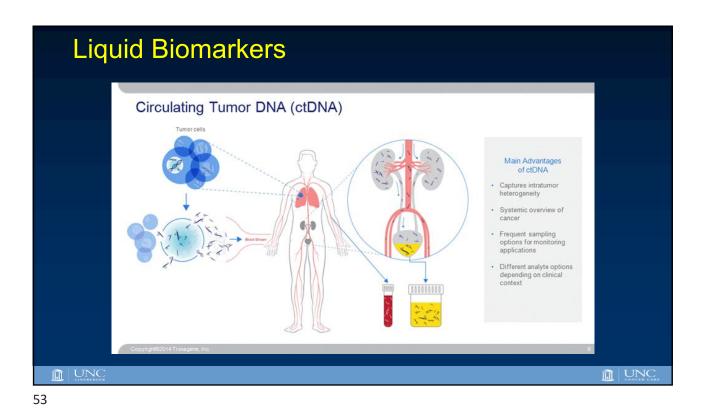
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Biomarker strategies in HNSCC



CtDNA as a circulating biomarker of treatment response for HPV-related HNSCC

Since 2016, our UNC group has prospectively analyzed ctHPVDNA

• 3 clinical trials (LCCC 1121,1413,1612)

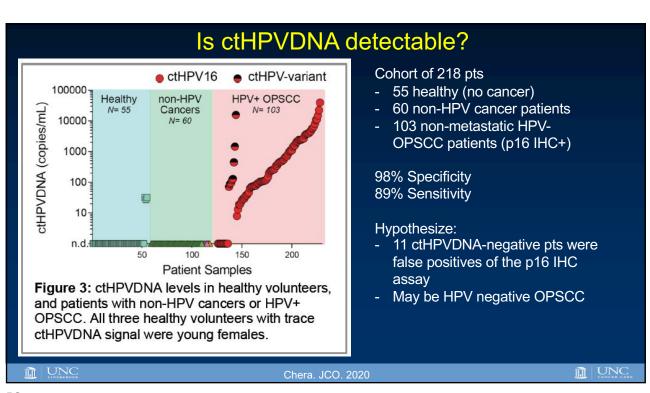
• ~160 patients, >1500 blood samples to date

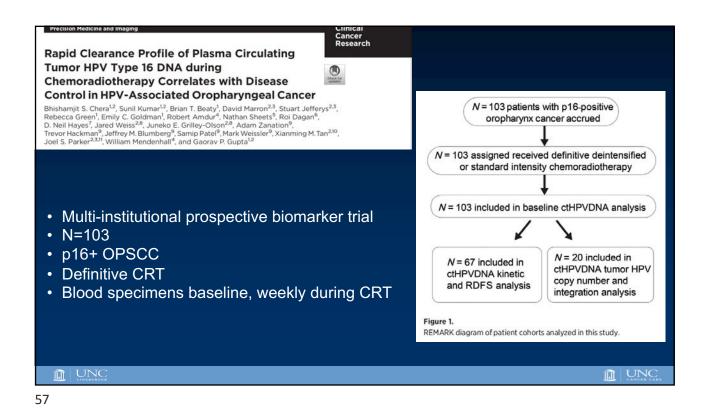
Ultimate goal of ctDNA:

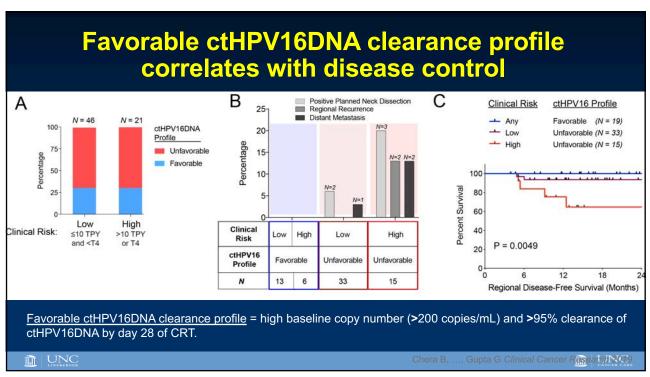
1. Guide therapeutic intensity

2. Earlier detection of disease recurrence

Multi-analyte digital PCR (dPCR) assay for ctHPVDNA Y = 0.9736*X + 3.65 Standardized multi-step analytical protocol to optimize 10000 $R^2 = 0.99$ specificity and sensitivity dPCR HPV16 counts 1000 100 · Distinguishes fragmented ctDNA from native viral genomes 10-• Detects ctHPV16, 18, 31, 33, and 35 (more high-risk strains 10 100 1000 10000 coming) HPV16 copies · Linear: absolute quantification over 5 orders of magnitude (5ctHPVDNA Native HPV genome 50,000 copies) · Precise: High reproducibility • Sensitive: Detects as few as 6 copies of HPV16 with ~80% sensitivity **POSITIVE NEGATIVE** III UNC Chera. JCO. 2020 55







PLASMA CIRCULATING TUMOR HPV DNA FOR THE SURVEILLANCE OF CANCER RECURRENCE IN HPV-ASSOCIATED OROPHARYNGEAL CANCER

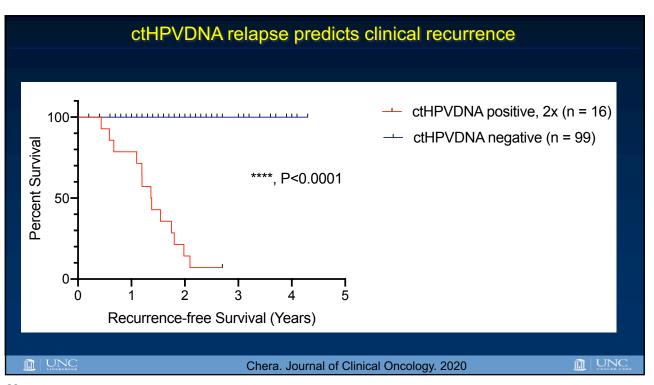
Chera BS, Kumar S, Shen C, Amdur RJ, Dagan R, Green R, Goldman E, Weiss J, Grilley-Olson J, Patel S, Zanation A, Hackman T, Blumberg J, Patel S, Thorp B, Weissler M, Yarbrough W, Sheets N, Mendenhall W, Tan XM, Gupta GP.

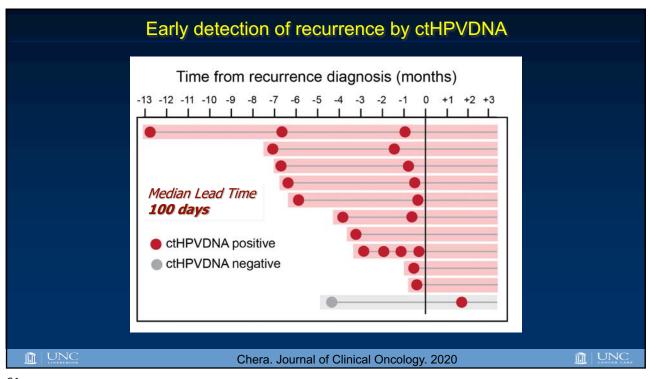
Journal of Clinical Oncology. 2020

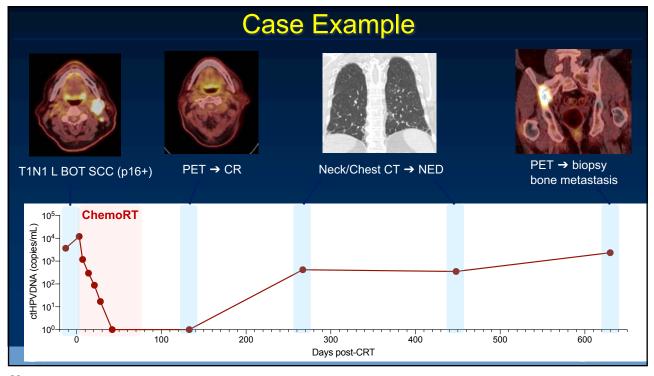
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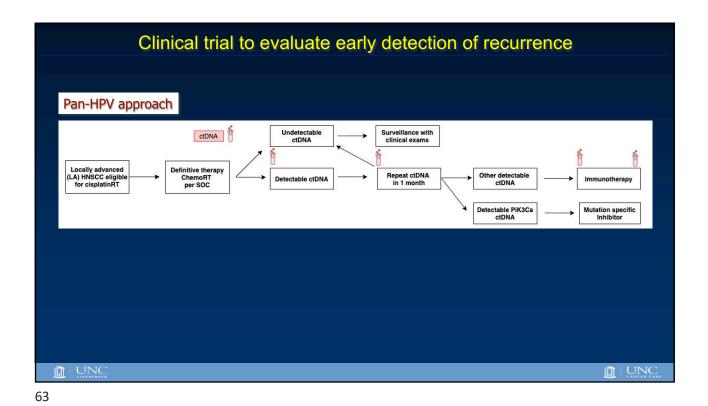
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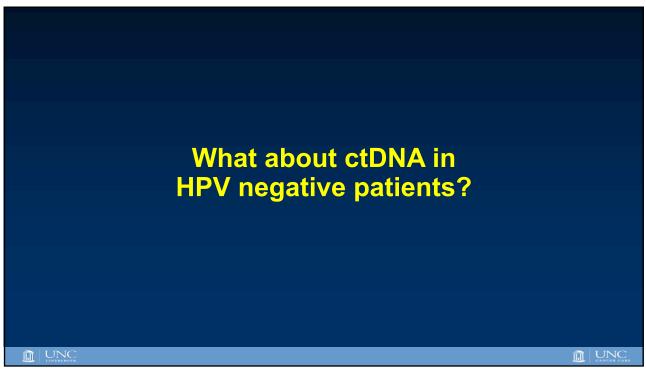


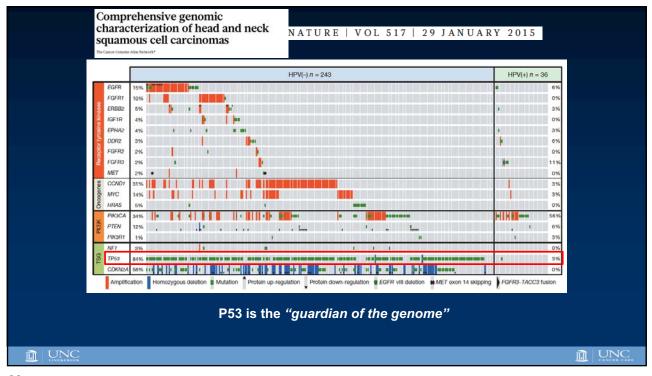
Key Takeaways for ctHPVDNA

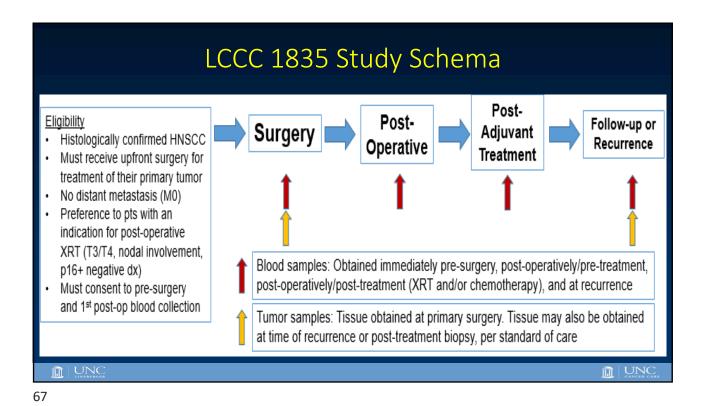
- Plasma ctHPVDNA surveillance testing has high NPV and PPV for early detection of cancer recurrence
- ctHPVDNA based surveillance may reduce the overall cost of posttreatment surveillance in patients who remain ctDNA negative
 - Less radiographic scans
- Prospective evaluation in a clinical trial is needed. Efforts are underway

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LCCC 1835 Study Aims

Aim 1: To estimate the feasibility of detecting ctDNA in pre-operative plasma

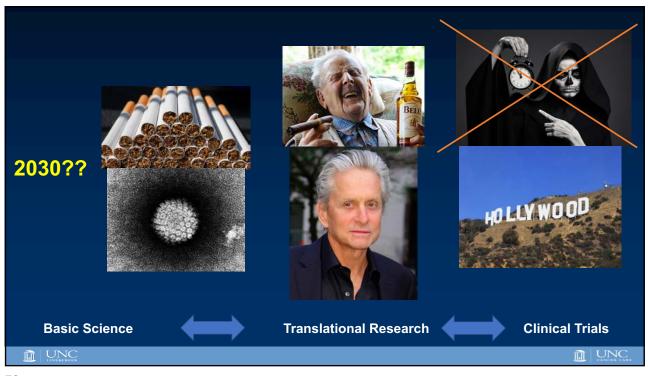
- · Targeted NGS sequencing on surgically excised tumor tissue
- Design and validate tumor-specific mutation (TSM) assays for detection by digital droplet PCR

Aim 2: To estimate the feasibility of detecting ctDNA in post-operative plasma and explore associations with outcomes

- Quantify changes in plasma ctDNA following surgical resection
- · Investigate the correlation of pathological risk factors and disease-free survival

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Case Revisited

Ramses Heel is a 55 year old presents who presented with a painless neck mass. PMH of hypertension and asthma. Family history of breast cancer (mother and older sister). Admits to a 5 pack year smoking history during college and social alcohol use currently. He travels to China yearly for business for the last 10 years. Your order an neck ultrasound and CT scan which shows a 3cm neck mass. FNA positive for squamous cell carcinoma.

Your patient asks what caused his cancer?

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Question #2

55 y/o WM p/w painless neck mass. PMH HTN and asthma, FamHx breast ca. SocHx +5 PYH, ~EtOH, +China travel. CT with 5cm neck mass. FNA +SCC

What is the most likely risk factor for his head and neck cancer?

- 1. Smoking history
- 2. Social alcohol use
- 3. Age
- 4. Yearly travel to China
- 5. Human papilloma virus (HPV)

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Question #3

Following a negative CT chest, Ramses final diagnosis is a locally advanced HPV-associated right tonsillar SCC. Stage is T1N1M0

Which HPV subtype is most likely associated with Ramses' cancer?

- 1. HPV 11
- 2. HPV 16
- 3. HPV 18
- 4. HPV 31
- 5. HPV 33

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Question #4

Ramses meet with ENT, radonc, medonc. He is confused about the different tx options and seeks your advice?



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Based on the following options, what is the best treatment for his T1N1 HPV+ OPSCC?

- 1. Observation with repeat CT scans in 3 months
- 2. Vaccination with Gardasil
- 3. Surgery followed by adjuvant chemotherapy
- 4. Concurrent chemoradiation therapy
- 5. Hospice



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Conclusions

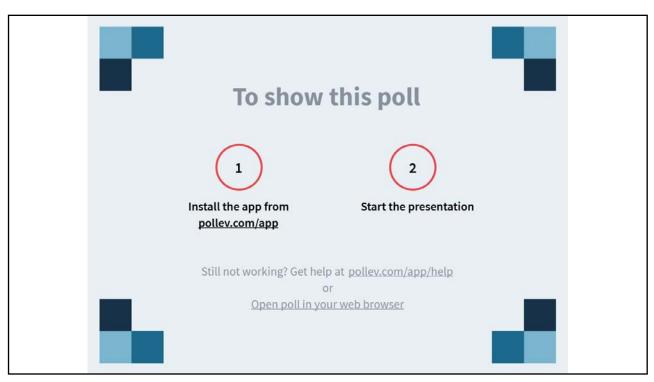
- 1. Head and neck cancers are common
 - Location of cancer may suggest associated risk factor
 - The incidence of oropharynx due to HPV is rising
- 2. HPV associated cancers are lower risk compared to smoking related HNSCC
 - Treatment deintensification will be come standard of care (when not if)
 - How to "best" de-intensify is still an active area of investigation
- 3. Biomarkers are important for cancer diagnosis, treatment, and surveillance
 - Testing for ctHPVDNA may soon become part of standard practice. How to use this assay to guide treatment decisions is being studied
 - ctDNA based on gene mutational status is also being studied for non-HPV associated HNSCC

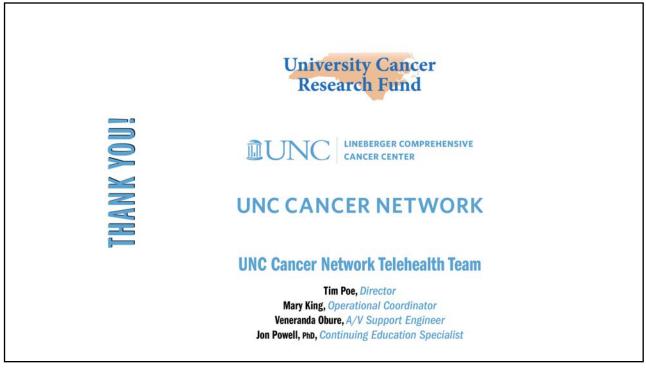
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FHANK YOU FOR PARTICIPATING!

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Send us an email to sign up for our monthly e-newsletter.

Check us out at unccn.org





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OMING LIVE LECTURES



May 13 12:00 PM Delivering Survivorship Care in North Carolina

Deborah Mayer, PhD, RN, AOCN, FAAN

May 27 12:00 PM Gastrointestinal Cancer Management in North Carolina: Updates for 2020 Michael S. Lee, MD

For a complete listing and details on coming events visit: www.unccn.org/events

SELF-PACED, ONLINE COURSES



Meeting the Needs of Undocumented Patients with Cancer Julia Rodriguez-O'Donnell, LCSW, OSW-C



Immune (check point)
Related Adverse Events
Frances Collichio, MD

Today's lecture will be available in *November 2020* as a *FREE*, Self-Paced, Online Course

For a complete listing and details on coming events visit: www.unccn.org/events